



Apples



Rainbow Room Weekly Lesson Plans for September 14-18, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Concept	Apples are a fruit that is harvested in the Fall.	Apples grow on trees.	Inside an apple are seeds.	The outer skin of an apple is red, green, and/or yellow.	Apples are a delicious and healthy food
Circle Time and Story Welcome Songs Name/Letter Recognition Game	Book: Autumn is for Apples by Michelle Knudson	Book: The Very Hungry Caterpillar by Eric Carle	Book: My Big Girl Potty by Joanna Cole	Book: No David by David Shannon	Book: The Giving Tree by Shel Silverstein
Discovery Activities	Drawing with Markers Lacing Cards	Magnet Tiles Pyramid Stackers	Legos Drawing with Crayons	Lacing Cards Magnet Tiles	Natural Wood Blocks Chalkboards
Art	Red, Yellow, and Green Paintings	Painted Apples	Apple Sauce in a Bag Cooking Project	Apple Taste Test and Graphing	Bubble Wrap Apple Paintings
Music Interaction and Group Games	Rosh Hashana: Apples with Honey Snack	Song: The Farmer Plants the Seed	Song: 1 Little 2 Little 3 Little Apples	Song: Dance Around	Song: Shake Your Sillies Out