



"At Learn and Grow Daily, we help individuals and organizations grow into their full potential—one breakthrough at a time. Through training, coaching, business consulting, and transformative retreats, we equip professionals with the tools, mindset, and strategies to lead with clarity, confidence, and purpose. Whether you're navigating change, leveling up, or reigniting your team's performance, we partner with you to build a stronger, more resilient future—every single day."

About Learn and Grow Daily LLC

Chief Learning Officer: Sanford Berenberg

Based in Liberty, Kentucky, Learn and Grow Daily LLC delivers leadership development, professional coaching, business consulting, and retreat facilitation to individuals, teams, and organizations looking to thrive in a rapidly evolving world.

Mission Statement

To empower individuals and organizations to lead with integrity, communicate with clarity, and build cultures rooted in accountability, growth, and purposeful connection. Through dynamic, interactive training experiences, we equip professionals with practical tools and mindsets that inspire continuous learning, elevate performance, and foster meaningful, values-driven relationships in the workplace and beyond.

About Sanford

Sanford authored two self-help books and one leadership book providing a practical roadmap for others to achieve their own success. Sanford Berenberg's career is a powerful demonstration of the 'Learn and Grow Daily' philosophy in action, forged over 30 years across diverse and demanding industries. From navigating complex technology support and communications at Marsh McLennan and pioneering help desk solutions at Newview Technologies to driving paradigm shifting technical assistance and growth at Heartland Payment Systems, Sanford consistently embraces new challenges as opportunities for evolution. He has distilled the essential lessons from this multifaceted journey into a powerful training tool. Sanford's entire professional life serves as the ultimate proof that dedicating oneself to daily growth is the most direct path to transformative leadership and impact.





Our Core Services

Leadership & Professional Development Training

- Leadership, team building, career pathing
- Accountability, Communication, Expectation Setting (ACES)
- Soft Skills, interpersonal relations

Personalized Coaching Services

- One-on-one executive coaching
- Coaching for new managers or high-potential staff
- Transition support (e.g., promotions, career pivots)

Business & Organizational Consulting

- Strategy and vision alignment
- Culture-building and team effectiveness
- Change management and implementation planning

Retreat Planning & Facilitation

- Custom-designed retreats for leadership, teams, or departments
- Includes logistics support, facilitation, team-building exercises
- Reflection, goal setting, and action planning components

Workshops & Custom Learning Experiences

- Half-day, full-day, or multi-day formats
- Interactive, practical, and results-oriented
- Built to address your organization's most pressing needs

Why Choose Learn and Grow Daily?

- Decades of leadership experience across industries
- Tailored services to fit your team's culture and goals
- Located in Central Kentucky and serving clients nationwide
- Focused on real growth, not just check-the-box training

Contact Information: Based in Liberty, KY.





